

NOTES

CUT & SEW CREW NECK

The double-folded stockinet crew neck band is a good finish for any type of high curved neckline. This separate neck band is knit using the main bed only and is successful because of the different tensions used within the height of the band. The Cut & Sew edge of the main garment is caught within the sandwich band for a clean finish. When planning a Cut & Sew crew neckline, there are some important rules to follow for the allowance of the head measurement. Please review the Planning and Preparation section in our book (pgs. 18/19).

●SAMPLE #1

Yarn used: Jocker by Frizelle

CMSHW tension: 7

CMSHW gauge: 3 sts/cm (7.5 sts/in)
4 rows/cm (10 rows/in)

Stitch Pattern: Stockinet

●SAMPLE #1 - is demonstrated via

- Swatch A - application of Cut & Sew Technique
- Swatch B - partial blocking of the neck band
- Swatch C - centre back seaming of the neck band
- Swatch D - application of the neck band onto the knit bodice

Preparation for ●SAMPLE #1

(X = Main Tension)

Mini Bodices

- Prepare two knit rectangles for front and back.
25cm (10") wide X 18cm (7.25") long
- Crochet cast on or e-wrap the required number of stitches.
CMSHW (75 sts)

- NOTES RC-000 • Knit the necessary number of rows. CMSHW (70 rows) in a striped pattern
- RC-070 • Mark centre, using a contrast coloured yarn.
• Cast off.
• Block mini bodices carefully, according to dimensions.
- Prepare front and back necklines for Cut & Sew, using templates and following instructions on the Application of the Cut & Sew Technique in the general information section at the front of the binder. *Swatch A*
- Crew Neck Band
- Prepare a separate neck band for a neck entrance of 48cm (19.2") minus a reduction of 10% to 20%. CMSHW used a 20% reduction, i.e.
48cm (19.2") X 3 sts/cm (7.5 sts/in) = 144 sts - 20% (29 sts) = 115 sts
- For more details, you may review Calculations for Neck Bands in the general information section at the front of the binder, or consult our book (pgs. 35/36).
- Starting with the **under** side of the neck band
- RC-000 • Crochet cast on the required number of stitches, using the main yarn. CMSHW (115 sts)
- RC-003 • Knit 3 rows at tension (X + 1). CMSHW - (t.8)
• Using a contrast coloured yarn, mark the centre and the half way points of the neck band. CMSHW (needles 28-0-28)
• Knit 3 rows at tension (X). CMSHW - (t.7)
- RC-006 • Knit 2 rows at tension (X - 1). CMSHW - (t.6)
- RC-008 • Knit 2 rows at tension (X - 2). CMSHW - (t.5)
- RC-010 • Bring all the needles forward (**D** or **E** position).
• Knit 2 rows at tension (X - 3). CMSHW - (t.4)
- RC-012 • Bring all the needles forward (**D** or **E** position).
- Tip:** Bringing the needles forward to **D** or **E** position is a precaution to prevent dropping of stitches when working with loose and/or tight tensions.
- RC-013 • Knit 1 row at tension 10 (for the fold line).
• Bring all the needles forward (**D** or **E** position).

NOTES

RC-015
RC-017
RC-019
RC-023
RC-026

Continuing with the **upper** side of the neck band

- Knit 2 rows at $(X - 3)$.
- Bring all the needles forward (**D** or **E** position).
- Knit 2 rows at $(X - 2)$.
- Knit 2 rows at $(X - 1)$.
- Knit 4 rows at (X) - one extra row for the right side of the band.
- Knit 3 rows at $(X + 1)$.
- Remove on contrast yarn.
- Block carefully, easing in the inner edge and gently stretching the outer edge. For more information on blocking bands, see our book (pgs. 52/53). *Swatch B*
- Mattress stitch the centre back seam of the neck band, starting from the right side and going into the 2nd stitch. The mattress stitch technique can be found in our book (pg. 110). *Swatch C*
- To apply the crew neck band to the mini bodices, follow the instructions on the Application of a Separate Neck Band in the general information section at the front of the binder. *Swatch D*

NOTES

ROUND CORNER EXERCISE

using a double stockinet band

This particular finish is of the same family as the crew neck band. It is a double stockinet band that is used to bind any edges you can think of. The height of the band may vary from 1cm ($\frac{3}{8}$ "") to 2.5cm (1") depending on the look desired. It is a favourite of mine because of its easy application and versatility!

For more information, refer to Edge Bands and Their Applications in the general information section.

●**SAMPLE #2**

Yarn Used: For Backing - Merino 2/24 in taupe (old stock)
 For Weaving - Forsell - Suva Nights in turtle

CMSHW tension: **4**

CMSHW gauge: 2.4 sts/cm (6 st/in)
 5 rows/cm (12.5 rows/in)

Stitch Pattern: Knit-Weaving
 (Card #1)

●**SAMPLE #2** - is demonstrated via

•*Sample #2* - application of the different steps of the edge band

Preparation for ●**SAMPLE #2**

(X = Main Tension)

Mini Bodice

- Prepare a knit rectangle 17cm (6 $\frac{3}{4}$ "") wide X 30cm (12") long.
- Crochet cast on or e-wrap the required number of stitches using the backing yarn. CMSHW (40 sts)
- Knit 2 rows in stockinet at main tension.
- Prepare machine for the Weaving Technique and Knit-Weave the

RC-000
RC-002

NOTES

RC-149

RC-150

- necessary number of rows. CMSHW (147 rows)
- Re-set carriage for stockinet knitting.
 - Knit 1 row at main tension, using the backing yarn.
 - Cast off, wrapping around the sinker posts.
 - Block mini bodice carefully, according to dimensions.
- Iron-on interfacing was applied to the CMSHW mini bodice to give a little weight and body. The Sewer's Dream interfacing was first ironed on and then the round corner was Cut & Sewn. This step is optional.
 - Prepare edge of mini bodice for Cut & Sew using the round corner template and following the instructions on the Application of the Cut & Sew Technique found in the general information section at the front of the binder.

Stockinet Edge Band

- CMSHW Edge Band was knit in stockinet using two strands of the Merino wool for more body. A mini version of the band was knit over 40 stitches to determine its proper gauge, since the gauge of the main garment (mini bodice), which was Knit-Woven, would not have been accurate for the calculation of the edge band.
- Edge bands are narrow and will require a reduction of 10% to 20%. For more information on edge bands, consult the front of the binder.

Yarn Used: Merino 2/24 - (2 strands in taupe)

CMSHW tension: 7

CMSHW gauge: 3.1 sts/cm (7.75 sts/in)
4 rows/cm (10 rows/in)

Stitch Pattern: Stockinet

Starting with the **under** side of the edge band

- Prepare an edge band for the outer edge of the round corner template of 40cm (16") long X 2cm (¾") high minus a reduction. CMSHW used a 10% reduction, i.e.
40cm (16") X 3.1 sts/cm (7.75 sts/in) = 124 sts - 10% (12 sts) = 112 sts
- Crochet cast on the required number of stitches using the main yarn. CMSHW (112 sts)

NOTES RC-000
RC-008

- Knit 8 rows at main tension.
- Knit 1 row at tension 10 (for fold line).

Continuing with the **upper** side of the edge band

RC-009

- Knit 9 rows at main tension - one extra row for the right side of the band.

RC-018

- Remove on contrast yarn.
- Block carefully following the instructions for the V-Neck Band in our book (pg. 53).
- Once the edge band has been carefully blocked using wires, remove wires and lay over the curved edge of the Cut & Sew mini bodice. With the foldline of the band along the edge of the mini bodice, gently shape the edge band following the curve with the steam iron.
- To apply the edge band to the mini bodice, follow the instructions on Edge Bands and Their Application in the general information section at the front of the binder.
- CMSHW *guideline* (done in a green thread) was sewn at 1.5cm ($\frac{5}{8}$ "") from the edge of the mini bodice, since the height of the edge band for ●SAMPLE #2 is 2cm ($\frac{3}{4}$ ""). The Guideline Rule is found in the instructions on Edge Bands and Their Application in the general information section at the front of the binder.