

Rectangle Mitts



Simple and comfy mitts knit on a standard gauge knitting machine. Made with rectangle shapes, you can use any sock or fingering weight yarns. They are a great way to use those leftover sock yarns in your stash. Get creative with patterns and colors to make your own original mitts!

SKILL: Advanced Beginner

MACHINE: Any 4.5 mm standard gauge machine

GAUGE: 28 sts and 44 rws = 4"/10 cm

TENSION: T8 or tension needed to get gauge

SIZE:

Finished Dimensions

Length = 7

Circumference = 7¼(7¾, 8½)"

Mitts can be made longer or wider as needed.

MATERIALS:

Any sock weight/fingering yarn. Approx. 200 yds. total of 2, 3, or more colors.

Stash yarn was used for sample.

*****TO AVOID ERRORS, PLEASE READ THROUGH THE ENTIRE PATTERN BEFORE KNITTING.**

DESIGN NOTE: Prior to knitting, plan what colors you will be using for the center rectangle, palm/thumb rectangle and upper and lower bands. You may want to label them Color A, B, C and D. In my sample, I used one color for the Center Rectangle and another color for the Palm/Thumb Rectangle and the Bands. You could use different colors for each rectangle.

RIGHT MITT

Center Rectangle

This is the focal point of your mitts, so choose a yarn that is really interesting or one that “pops”. Use Tension 8 for all rectangles.

*CO 12 sts. K 60 rws. BO loosely. Cut yarn.

Palm/Thumb Rectangle

Cut 2 pieces of yarn, 24” long, to work thumb opening in the color used for the palm/thumb rectangle.

RC 000: Hang a long edge of the Center Rectangle on 40 needles with either the purl side or knit side facing you. This is your decision based on the side you want showing on the front of your mitts. Knit to RC 040(046, 052).*

RC 040(046,052): Thumbhole. Pull needles 3-12 on the right side of 0 to hold position. Beginning with needle #12 and with a separate piece of yarn, manually knit those 10 needles. BO needles 12-3 using the loop-through-loop method. Using the tail of the same yarn, crochet CO those same 10, now empty, needles, beginning with needle #3. E-wrap both tails around needle #13. Knit across the row. Knit to RC 058(066, 074). Bind off loosely.

Bands

Hang the top edge, RS facing, (see schematic) of the mitt on 50(54, 60) needles. Knit 1 row.

RC 001: Beginning with the 4th needle on the right, transfer every 4th stitch to an adjacent needle. Put the empty needles in non-working position. Knit to RC 008. Bind off, leaving every 4th needle out-of-work.

Repeat for bottom edge.

LEFT MITT

Work as for right mitt from *to*.

Thumbhole

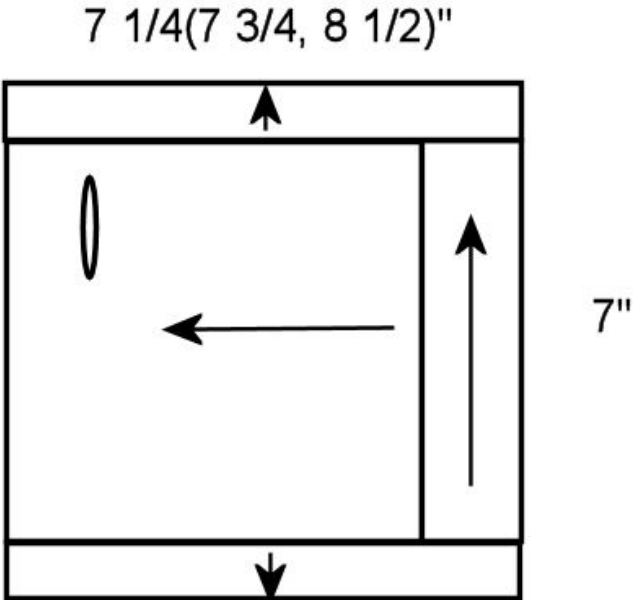
RC 040(046,052): Thumbhole. Pull needles 3-12 on the left side of 0 to hold position. Beginning with needle #3 and with a separate piece of yarn, manually knit those 10 needles. BO needles 3-12 using the loop-through-loop method. Using the tail of the same yarn, crochet CO those same 10, now empty, needles, beginning with needle #12. E-wrap both tails around needle #2. Knit across the row. Knit to RC 058(066, 074). Bind off loosely.

Add bands as for right mitt.

FINISHING

Optional: Work 2 rows of single crochet around thumbhole.
Seam mitts. Weave in loose ends.
Steam and block lightly.

Finished Measurements



→ = direction of knitting

MIDGAUGE INSTRUCTIONS

SKILL: Advanced Beginner

MACHINE: Any 6.5 mm
midgauge machine

GAUGE: 18 sts and 26rws =
4"/10 cm

TENSION: T7 or 8 or tension
needed to get gauge

SIZE:

Finished Dimensions

Length = 7

Circumference = 7¼(7¾, 8½)"

Mitts can be made longer or wider as
needed.

MATERIALS:

Any worsted weight yarn

Stash yarn was used for sample.

**RIGHT
MITT**

Center Rectangle

This is the focal point of your mitts, so choose a yarn that is really interesting or one that “pops”.
Use Tension 8 for all rectangles.

*CO 8 sts. K 34ws. BO loosely. Cut yarn.

Palm/Thumb Rectangle

Cut 2 pieces of yarn, 24" long, to work thumb opening in the color used for the palm/thumb rectangle.

RC 000: Hang a long edge of the Center Rectangle on 26 needles with either the purl side or knit side facing you. This is your decision based on the side you want showing on the front of your mitts. Knit to RC 024(028, 032).

RC 024(028,032): Thumbhole. Pull needles 2-8 on the right side of 0 to hold position. Beginning with needle #8 and with a separate piece of yarn, manually knit those 7 needles. BO needles 8-2 using the loop-through-loop method. Using the tail of the same yarn, crochet CO those same 8, now empty, needles, beginning with needle #2. E-wrap both tails around needle #9. Knit across the row. Knit to RC 034(040, 046). Bind off loosely.

Bands

Hang the top edge, RS facing, (see schematic) of the mitt on 50(54, 60) needles. Knit 1 row.

RC 001: Beginning with the 4th needle on the right, transfer every 4th stitch to an adjacent needle. Put the empty needles in non-working position. Knit to RC 008. Bind off, leaving every 4th needle out-of-work.

Repeat for bottom edge.

LEFT MITT

Work as for right mitt from *to*.

Thumbhole

RC 024(028,032): Thumbhole. Pull needles 2-8 on the left side of 0 to hold position. Beginning with needle #2 and with a separate piece of yarn, manually knit those 7 needles. BO needles 2-8 using the loop-through-loop method. Using the tail of the same yarn, crochet CO those same 7, now empty, needles, beginning with needle #8. E-wrap both tails around needle #1. Knit across the row. Knit to RC 034(040, 046). Bind off loosely.

Add bands as for right mitt.

FINISHING

Optional: Work 2 row of single crochet around thumbhole.

Seam mitts. Weave in loose ends.

Steam and block lightly.